





























# DISHES AND THEIR ALLERGEN CONTENT- THE SPANISH KITCHEN

DISHES														
	Celery	Cereals Containing Gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide / Sulphites
Chicken, Lettuce and Tomato Sandwich		✓		✓									✓	
Blue Cheese, Walnuts and Rocket Sandwich.		✓					✓			✓ Walnuts				
Tuna, Sun-Dried Tomatoes, Dill, Paprika Sandwich.		✓			✓								✓	
Boiled egg, Lettuce and Tomato Sandwich.		✓		✓									✓	
Mediterranean Salad.									✓ Radish					✓ Vinegar
DISHES														
	Celery	Cereals Containi	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Tree nuts**	Peanuts	Sesame Seeds	Soya	Sulphur Dioxide /

		ng Gluten*												Sulphite s
Beef & Chorizo Pie		✓												✓ Red Wine
Pie-Ella (Paella Pie)		✓					✓							
Tuna, Onion and Red Pepper Pie		✓			✓									
Sugar Palmiers		✓												
Bakewell de Santiago Tart		✓		✓			✓			✓ Almonds				

\*Please state the name of the Cereal(s) Containing Gluten in the column Food allergen labelling and information requirements Technical Guidance’

\*\*Please state the name of the Tree Nuts in the column

Review date:

14/04/2025

Reviewed by: Amanda Dominguez.